



Child and Adolescent Mental Health Services (CAMHS)

Our Staff

CAMHS teams have a range of experienced professional and administrative staff which may include social workers, psychologists, nurses, psychiatrists, speech pathologists, Aboriginal consultants and occupational therapists.

Our Services

Our services include family and individual therapy, group programs for children and for parents/carers, and information for parents/carers.

We specialise in:


- > Emotional issues – anxiety, fears or worries, feelings of sadness and depression, low self-worth, grief and loss, self-harming, suicidal thinking, mood changes, attachment, school refusal and/or abuse.
- > Behavioural issues – aggression, destructiveness, disruptiveness and/or distractibility.
- > Social issues – social withdrawal, family conflict, and social isolation and/or friendship problems.
- > Mental illness – confused or delusional thinking and/or hallucinations.

The time to contact CAMHS is when the young person and/or their family have talked with close friends or relatives, or to the school counsellor, or to their local doctor and the situation does not seem to be improving.

Our Referral Process

- > Anyone can ring to talk to the CAMHS duty worker about a referral to the service, eg, young person, parents, school counsellors, doctors, other agencies, professionals or community services.
- > Receiving a service from CAMHS is voluntary and the client will need to agree to the service being provided. In addition, if the client is under 16 years of age, consent from the legal guardian is required prior to the service being provided.

Advocacy and Support Services

- > The WCHN has developed an Advocacy and Support Services document to assist you and others in finding other services who may be able to provide you support or assistance. We are continuously endeavouring to build on the information contained in this document. It is a work in progress that will be updated as new and approved information becomes available.
- > Click here for access to the document  [Advocacy and Support Services](#) – updated January 2015

Privacy

- > Information about clients' rights and responsibilities, and about how we manage personal information, will be sent before the first appointment. If you have any questions about this information, about CAMHS and how we work, or any other things you want to know, you can ring the CAMHS worker you're booked in to see, or ask at the first appointment.

For more information

CAMHS
72 King William Rd
North Adelaide
Telephone: 08 8161 7198
<http://www.wch.sa.gov.au/services/az/divisions/mentalhealth/index.html>
Updated: 11th July 2016



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